

**Title: Emotions of the now and feelings for enlightenment.**

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Summary: With many people seeking enlightenment, this is an introduction to transmuting energy some of the right way's.

When we were young, we got hurt a lot by others around us and family so we had to find a way to deal with this immense pain in the heart.

That was beyond most peoples as to remain loving and not turn to hate; as we see many have done, throughout our many life times.

So what did we learn to save and wake our self up?

Well this life time, it hurt so much, we just wished it had never all happened and many feel like this still and can recall past feelings!?

Stop... what are we doing?

You are recalling the past and bringing it back into the now!

That is the point why do you feel old feelings? Are you old or something?

If you have a song and play it over and over again does it get clearer?

No the song slowly fades and you end up with extra sounds and distortions added.

So if you understand, what we are saying?

Is that the feelings unless you have a perfect memory fade?

Now even for us and we do have a photographic spirit, as to remember previous life times.

Yet these are again faded, as we can see a point of previous life times, when we meet someone and more as we get to know them.

Yet around the area of the memory, we do not recall people, often ask, "Well if you have a photographic memory, what time was it then? When this thing happened, on the clock in the background"?

Well considering, we don't pay much attention to our given time and clocks anyway in the first place.

Our time is in comparison to God's given time and automated system!

Which is clear when it is day and night; or sun divided by moon, is the calendar.

The reason with that is once in Ibiza, a friend asked me, what time shall we meet, we replied when the sun sets, due to they were living in UK life and clock.

With the man made clock, he was like what hours is it? And we replied "we don't know when the sun sets? Yet then answered when he re-asked 3 times, which made us let it sink in and think about how daft our time keeping was.

Even though we did as the day before we were looking at the sea charts for the sun, and it showed how each day the sun's settings of times changes and by this we know the time or are supposed to?

Now considering the earth is oblong and not round and also changes shape daily are we sure?

Doesn't that mean, even though we have calculated odd parts of the earth, with a grid. When you say a certain hour as being a part of a day, in one country it is far from it; in another!

For example in Spain 6,7,8,9 Pm, is going out again time; after siesta as the sun sets later in Spain, and so giving time of day.

Why are we explaining about time, you may ask? As this is the point, we are governing our selves by

recorded events, which in many cases are false!

Well given the facts, we can't even tell the time, when we think we can?

How can we remember previous experiences to the details and requirements, as to then analyse these again and again to compare, if we have no example as in the sun and the moons?

We don't and so we fall over analysing the past; so wasting mind energy; that then produces clutter in the mind over time.

This then make's you old in spirit over time if carried and not dealt with correctly.

As each word of your life that is not understood and dealt with there and then will eventually become a burden and follow you.

This is as a baggage, as it is often called, yet not fully explained or understood.

You see these could have been given away and not carried, yet many choose out of fear not to give or to take and keep; this means as in to talk to people share your dreams and talk of what you have learned, if you discuss bad matters with a friend who only sees half the pictures, you tell them... how can you bring them into your relationship?

Which is opposite to faith in energy and this is not meaning some religious pact, yet something most builders and especially steeplejacks have far more faith (as if you don't know the self faith, how can you have faith in something else?); then most clergy, we have ever seen!

Faith is a feeling from the heart or soul (every atom of you as a cooperative)

So point being face your fears if you ever wish to get into heaven, as this is the final task in death and you will re-witness your life, in which you get to see the ramification of people involved in what you have done.

With all information you have distributed.

So watch every step you make and make sure it is as you would have record for your self and children always.

Remember reincarnation does exist and most of you will most likely now find pictures and references of someone in your family line.

Who will look and may have such a similar look and character, it is most likely you!

As if you realise this, and not run away from it, then it makes life fun again as some of you just go down the slide and forget the castle at the top!

Then deal with these things in previous life's also, as in many situations you will revolve the circle of karma until you fix these, as you may see as many of the characters you see...

Are so similar many of them are standing up and showing they are you and we are timeless so get over it and fix it else hell is the most horrid place, like living in soil.

By the way that is the meaning of Armageddon=Megiddo="those who shout out!"= (bad translator) a return to our spiritual ways, not war and never to kill life as God is life and spirit not blood.

So in each life you have received, you have been given the same opportunities.

Now if you didn't believe in reincarnation?

It is clear scientific fact, as unless you say the Dali lama is a figment of the world's imagination then, we have to assume it is correct.

Then for the fact Yeshua taught reincarnation as is clear and was taught until 555 AD and Constantine didn't like it so banned it and killed all who believed in it.

So on to the point and that is that in every feeling in you it is an energy, now have a look at them in your self and they can be categorized, into different forms of out come in energy.

That they give to your conscious through cause and effect or options and very much needed to live in the now.

So to free your mind of clutter, as to climb the mountain, which is in the mind; not a place or to sail the sea as the Buddha away as it is in finding oneness that you find us and then find silence as never is there true silence in life as know it not even in space as gravity is sound.

So in these feelings we will list a few that we see as related

To begin with these are including the control dramas mentioned by the Celestine prophecy:

Poor me,  
Integrator,  
Aloof,  
Intimidator,

Now to Finnish that list....

Acceptance = It is something that can be given, yet is often took for granted, this is all most people are seeking and we miss the biggest point.

So in accepting all as family right now!

Then we accept all in and the world can change in a day, if everyone tried to welcome each other, rather than be scared all the time of each other

As any animal that smells fear is then ready to attack why?

It thinks you are going to attack it!

As when we fear, we produce a smell, which is visible when we eat the right foods again to us and animals far more then us as we have ruined our sense of smell.

We should be building bridges and not walls and this means with every single person, and creatures, not just a few!

Yet all as the whole world has gone aloof and cold and can't see unless we all try and break the chain our parents once started in our society from EGO and thinking they could specify and categorize.

Now categorizing isn't bad in itself, and neither is comparison if done with out blame.

Blame that is not spoken to the person, in any sort of relationship! = lies and cheating, this gets hidden rather than discussed and in so doing the conscious of two souls is separated again and as such divorced, you do not need paper work to tell you that as soon as it happens you feel it, and then they lie.

So instead of blaming remember your own thoughts also and if there is blame there are always thingers of your own, pointing back at your self.

So yes question whom and your actions in any moment come to terms with these, if you get stuck discuss them in the light and not in the dark, which means to make sure you make them light hearted and not pass on a burden yet explain as to teach as you will help your self more in the process, well who cares you may ask?

Are you kidding?

I.e. baby goats!! Which is Babylon which is not living in nature and living in cities as goats do, by needing fences, sheep graze yet each has its own problems and so both are Yin and Yang and humans are both and dual in nature!

As is nature its self using weapons and spikes, in the first place to protect it's self. When really this is very simple fix; as always things find away past defences so you can not win that way, no matter how hard you try to protect it.

Which many of us are! With our continuous but, but, butbutbut blame this, blame that?

Yet where is blame (I am)?

As in every action is a reaction, so live it as you except to be treated and so if you are not strong enough, if it doesn't break you, it should make you stronger!.....

We see the problem, also that it can dwell on you and in dwelling is its own. (If EGO or (I am) gets in)

Yet also a general part of life, you must remember how a tree grows and your mind is exactly the same in its spread to understand and reach new levels of light and knowledge, as to be and

understand who you are.

Yet also we have to remember a tree (Soul) must get strength from its roots (Wisdom not knowledge) and this means giving to society and making sure all are well as in doing that you nourish your self. As the only way to really feed our self's is through gratitude of others, yet in that is mistake as in many whom have done so we have met so far.

They also seem to feel it is a them so far, we don't know and we really don't know, so in that is where we have to begin, as ascended master as they called nowadays is a form of Elohim and if you read the bible they even think they made it all.

Yet the knights found the grail and that is the royal crown of David (needs parts adding and removing {told}) is an emblem to remind us that in the centre of the table is God.

Always as the spiders web has a loop that stays strong in the centre and this is as God!

Yet also spiders have little eggs, as we all are and once understood fully, we can again be rainbow warriors of the galaxy and reality for God.

Question = that isn't asked of either self or partner! So ask it always!

Remorse, sorrow, regrets = Yin, poor me control dramas

Empathy, pity, flattery = Yang, Poor me causes

Jealousy, revenge, = yang, aloof, interrogator, intimidator, poor me, questions

Now all of these may lead to Fear or faith!

They are both light and dark giving energies within an atom on a quantum level of every part of your body.

Which can be used in (6, Maya, Matter, Atoms, Mind = knowledge) anger = Yang or (7 Spirit, Love, Emotions, consciousness, Spirit, life) love = Yin

These to begin are like weapons and also like a safety net in consciousness, as through these if you take a step back and move into comparison of these they are energy that is produced so will not be clear.

What can be learnt is the pain and suffering can also be your salvation, as in understanding that Yes you are! And in that is greater wisdom then anyone can teach you as you know you.

So don't let anyone take that, go back to the point that was last lost, as we can see it, and in that is Deja vu also explain, as in the moment is often a Deja vu just before as it is to remember, in a time line scenario i.e. (I am) gets you that is an ego covered person claiming it made it's self and this is due to our current education system.

Both These main forms of energy anger if traumatised into positive and to accelerate growth!

With effort due to a complete turn around of previous bad experiences, of even to good?

So uncomfortable; as we see also happening!

this can be fixed if you realise there are only 2 energies and these can be transmuted into either Unconditional love or wisdom if the person accepts it from the experiences and learns to let go of then unnecessary emotions on this list.

This is mainly to stop thinking with the mind as that produces (I am) yet to think with the heart and soul and every atom is part of a soup of life we call reality.

This is where unconditional love dwells in the mere fabric of reality its self above every atom on a quantum level is God above that and shines light into the top of an atom.

The bottom of it isn't so pretty and sort of like a valley and the basement of lower frequencies that will have to wait until we fix the life on this planet as God is life and if we refuse to fix it, it will fix itself regardless.

Our mother is far stronger than us and this did once mean mother earth not some fairy tale, yet definitive dimensions as this is where we understood them from as intended since day one, yet clearly we can blame, yet at some point we are responsible as much as any and we as all make mistakes mine is that we expect people to listen and to hear my fruit, even did it as an oak and blamed God for not distributing it???

When in fact when we let go and trusted God they fell and all the animals again came to eat. In some of cultures it got messed up, with the pharaoh to begin as the buried Osiris=Melchizedek=Zedek=Nazarites.

They didn't want Osiris back, so they could go back to farming, as it is not in keeping with God and nature as God gave us fruit to eat.

Which is higher in fibre, has many cures and is the key to long life in not eat death ever, just fresh fruit?

So if you personally would like to keep it like this, let's fix the self!

Before we go spreading gossip and bad energies, let each moment be a part of a song of beauty and wisdom that is clear to theirs of our own soul!

In that is how to transduce much energy in one goes and so fix it,

If you send a Song to the source of the soul, deep in the thoughts where many fail to go as it takes THC or cannabis which is produce occasionally yet is part of diet and is the tree to understand this reality in the first place.

This is where you find the target deep in your soul, as no matter how many temples you build for God; it is in plants that the temple of the lord of life must be built, before we chopped down the tree to build a house, and then so many we forgot and sunk our houses again and again.

By the way carbon dating is really out as who mentioned the carbons has feeling?

So which one decays first depends how badly and how much they hate themselves for making a mess of reality.

It is energy beyond sound and a dimensional level we presume in our understanding as the spirit or song of God is constant!

If not you wouldn't be here and the moment God stops believing in you, is the moment we all vanish! So understand it is far better in life to choose a good path and make sure you help others show unconditional love and not just (7) love as that is partially sexual.

As we think of love as such and in finding a partner as there is a missing word in love alone and it needs to be unconditional love.

As is the ways of God's temple where many great kings sit who gave up wealth and found wisdom and the kingdom of God so allowing freedom of desire, as they then helped others see as a father should and in ZEN logic is this shown.

This is a principle written, as an understanding of making Zen your reality and so making your dreams reality!

Not your nightmares as by making these grow, so does the effect's in your and our reality.

So if we all accept whom we are, some of these things, we can again start to build a reality with peace and unconditional love!

Where nature is at one with us, and we get over the obstacles we make for ourselves, by not handling these problems correctly in the first place.

Also one of the best ways we have ever found is to write it down, why you think God is known as poet, or singer or spider with its web leaving a trail to let's all learn to find their own paths in reality and then find peace as should have happened a long time ago.

Yet many have said (I am) God and every spider's web starts with supports then a circle and then

looped, so remember how complex this is for one of the smallest creatures when we call animals stupid next time, and if so try building a web across time.