

Title: Open Your Heart

Subtitle: Spiritual Oneness

Author: OverSoul

Date: 2006/8/7

URL: <http://www.wizanda.com/modules/article/view.article.php/c2/81>

Summary: THE VAST EXPANSE

I acknowledge the privilege of being alive in a human body at this moment, endowed with senses, memories, emotions, thoughts, and the space of mind in its wisdom aspect.

It is the prayer of my innermost being to realize my supreme identity in the liberated play of consciousness, the Vast Expanse. Now is the moment, here is the place of Liberation.

Witness the contents of mind, the visions and sounds, the thoughts, As clouds passing through the Vast Expanse-the skylike nature of mind. The rootedness of Being is in emptiness, clarity, and awareness: Unborn, unspoiled, stainlessly pure.

The infinite vibratory levels, the dimensions of interconnectedness are without end. There is nothing independent. All beings and things are residents in your awareness.

I subject my awareness to the perfection of being, the perfection of wisdom and the perfection of love, all of these being co-present in the Vast Expanse. I share this panorama of Being and appreciate all I can share it with...

The seamless interweaving of awareness with each moment creates perfection wherever you go. That is why this teaching is admired by artists-they sense the correctness of the response to life as creative.

Life is infinite creative play. Enjoyment and participation in this creative play is the artist's profound joy. We coauthor every moment with universal creativity.

To bare our souls is all we ask, to give all we have to life and the beings surrounding us. Here the nature spirits are intense and we appreciate them, make offerings to them-These nature spirits call us here-sealing our fate with each other, celebrating our love.

I am an intersecting kaleidoscope of being in a rainbow refractive wave pattern: A corpuscle of light on the ocean...the transparency of my body with the rocks...Sometimes the only way to summarize my feelings is to draw-to collapse the frenzy in my limbs enough to make a mark out of profound appreciation for my existence.

Share your presence with others, no boundaries, completely, openly, lovingly. Love is what makes us alive, that is why we feel so alive when we love. Service is being available to love. Life is the combustion of love. That we love ourselves here, that is the true magnificence in the mountains of being.

We are constantly drawing the line between love and not love-Enter into the Nonduality Zone. All

judgments dissolve in the Vast Expanse.

It's as though we are coconspirators of consciousness-everyone, everywhere, everywhen, mixing up our openable minds. It's as though we could gather clouds in the sky and people into our lives. Like an eruption of consciousness, we discover the source of love.

Experience yourself as the source and appreciate every moment as perfection. Sunrise-Sunset. Thank you, thank you, Creator, Profound unstoppable connectedness of all beings, pattern to everything, most radical no-thing, the VAST EXPANSE.

Alex Grey-Transfigurations