

Title: Insomnia

Subtitle: Poetry

Author: wizanda

Date: 2006/8/5

URL: <http://www.wizanda.com/modules/article/view.article.php/c5/11>

Keywords: Insomnia, Sleep, Help

Summary: A poem that helped me sleep...

Insomnia

Stuck in thought,

Wandering free in your mind,

only problem is alter sleep,

Can` t get a peep!

Need to hide in the deep,

Rest from the test!

Give up all,

Of the stress!

Don` t think so deep!

Too find some sleep,

Else you won` t get a peep!