

Title: Conversations

Subtitle: Jedi Training starting here soon

Second Subtitle: Re: Jedi Training starting here soon

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I allowed a nap...

reenergized the body, mind and breath or spirit.

In my dream I recalled what I meant to convey and it was that the Spirit to Breath as is referred to Life. Divine Life is the Breath of the Holy Spirit.

I was brought back through memories of the creation story in the Bible and everything even was placed within Adam.

As a Christian by nature I see and feel the Holy Spirit or Breath alive everywhere.

The Buddhist nature which also resides within my heart would say the same source of aliveness.

I choose to embrace the similarities, rather than find differences to compare.

I have found that in touching Breath I am also touching God. Novice in a garden of water in the vapor state, my breath against the backdrop of the night sky, freezing cold, however still the winds, amidst the nakedness of the Winter, a glance of an eye to be asleep, yet busy at work preparing to bloom once again for all to see in that wonderful amazement we call Spring. The awakening of growth. I do indeed find God in all the photographs I take. Certainly two of the subjects and the subject, yet if you look deep, the Oneness is present always.

I watch in the darkness, now capable of being the observer of my breath and this. It becomes a moment to cherish and I do not feel the cold.

Love and Light,
suzyq