

**Title: Conversations**

**Subtitle: themissinglink has joined the forum**

**Second Subtitle: Re: themissinglink has joined the forum**

Author: themissinglink

Date: 1165634469

URL: [https://www.wizanda.com/modules/newbb/viewtopic.php?topic\\_id=83](https://www.wizanda.com/modules/newbb/viewtopic.php?topic_id=83)

~A Cherokee Legend~ (Made available through "Evolving" on myspace)

One evening an old Cherokee told his grandson about a battle that goes on all the time. He said, "My son, the battle is between 2 "wolves" inside us all."

One is Evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-hatred, inferiority, lies, false pride, superiority, and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, generosity, truth, compassion and faith.

The grandson thought about it for a minute and then asked his grandfather, "Which wolf should I feed?"

The old Cherokee simply replied, "The one you feed."