

Title: Conversations

Subtitle: A Most Proficient Method to Enlightenment

Second Subtitle: A Most Proficient Method to Enlightenment

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When the yoga system is cross referenced with the chakra system, which system for our being to connect to the CPU.

Through the conscious reasoning of higher consciousness (Jnana), a med mindfulness (Raja), and our soul full of devotion (Bhakti)...

Then we can ascend through 13 dimensions to reach enlightenment.

Poetic version of 13 dimensions.