

Title: Conversations

Subtitle: In the begining we eat just fruit plants

Second Subtitle: In the begining we eat just fruit plants

Author: qOLOp

Date: 1090571356

URL: http://www.wizanda.com/modules/newbb/viewtopic.php?topic_id=40&post_id=48

The more i research this the more i find that we are far healthier if we miss out most thing other then fruit

fruit contains protien your body produces most things it needs from fructose so it makes sense