

Title: Conversations

Subtitle: Balancing High's And Low's

Second Subtitle: Balancing High's And Low's

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Everything is maths. Music is advanced maths. Depths in music add to escalation; we need lows to have uplifting highs. Everything in reality is created from different resonances of frequencies. Every aspect of reality has a score from its self (historical timeline) identifications. Running away from our lows, doesn't deal with our musical score. Embracing every note of every action that has taken place within our score, leads to understanding. Understanding the cause and affect of the synchronicities within life, leads to enlightenment. Realize downs, and ups are weight training; it takes strain to build, and we're down near Hell in the Maya for a reason. That plants grow in the darkness to reach towards the light. Mindfulness is allowing every routes journey in the bus station of our mind; after the buses have gone to their destinations, the bus station area then makes an open peaceful space.