

**Title: Conversations**

**Subtitle: Dealing with Fear**

**Second Subtitle: Dealing with Fear**

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URL: [http://www.wizanda.com/modules/newbb/viewtopic.php?topic\\_id=2372&post\\_id=4968](http://www.wizanda.com/modules/newbb/viewtopic.php?topic_id=2372&post_id=4968)

Sometimes when we're stuck on a ladder, the only option is to climb higher, and realize we are in control of the situation.