Title: Why Competing Against others is so Wrong to Begin Subtitle: Spiritual Oneness

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Summary: With many unhappy and depressed in a world they can't fix alo acceptance by being better then the rest; at least this is what we have b

Now with many people slowly banning sports days in schools, due to this at the problem to begin with would help us &.

You see it came to my attention how bad it was or could be, when one dapractising my guitar, someone mentioned how the best way to learn and f would be to find someone with similar talent as my self, and then we could pull off the rift first?

Then as one learnt something, the other could compare, to see if they cothen to get my own back, for them being better and having taught us in a I didn t say much at the time, yet still feel how wrong that approach is to especially the next.

You see while you are striving to see what another can do, this is not yo do & and maybe where this person, still goes wrong & As for instances in th many styles of playing a guitar; some people say just one and you must be that doesn t say much, when some of the worlds best recognized musicial handed style &

So it isn t ever about copying, that makes you the best, and so striving telse s style to begin with, is always going to fall short; as you have you and special to whom you are.

This especially applies within music and why it is an easier way to expla As being a percussionist, there are many times I have walked around with parties and even along the street in-between them&well on these journey never having played a drum; yet feel a drum should be hit and so I alway The reason is this&each and every person has their own automatic rhythredo are born&

They walk to it, breathe to it and live by it, well that is their rhythm of I through hearing theirs alone, yet an accumulation of every rhythm I have times, being brought up with a wide range of musical styles by the peopl So what would be the point of then, after the person has played then sho do & .as I know my self, and when I do play half the time I embarrass then at & .in fact half the time, I hope they don t ask me to play & to be polite & crhythm giving a hi-light of what can be done &

Yet even on that then they ask, how to do it rather then shoving my own proving I am better then they are. Just to prove to some person on the same

competing and where this goes wrong in society to begin; as it is the fee with each others attention&I play the drum for God and me, so how can t

So that is the point, if each is going to be inherently different from the knany get wrong, as no one is the same as the parents! it is an out right flesh may look a bit like them; yet the spirit has it sown very unique rhy God&

Me and my family for instance: all play differently, all brought up with si yet different time frames and completely different people..

This is due to that the spirit comes from God, or the energy of the unive expression and this can not die as that is a form of energy in its self&.w

So maybe that leads on to the point of acceptance&it is not to be better they are; see it as the target in Zen archery and let your path walk straisee, yet with your eyes almost closed, from having seen the exact path&

Like In a race some people may just be designed to do long distance fast who is to tell, it is the spirit that makes the difference&

As it is the spirit that believes it will win and can go faster, that achieve back, to just to believe it for a second&yet with no hope of spirit and the you use someone else as your own blue print for running, doesn t work.

As if you define you are them and that is you, what if they can do what y around; you can do what they can t&

Like saying you have friends in the race, and you know you could win the been able to run fast&yet they have asthma&well where do you base your who are your friends or the more athletic amongst the runners.

Depends whom you make your role models to begin with &

Well in this case, we chose friends and talked instead of concentrating of more important win in my eyes at the time.

Also with this previous misconception of that is who I was, as society hawent extra slow and not a winner in such a race&so that was how it was

Until I realized the competition wasn t about them to begin with, it was a in bowling which having gone on numerous occasions with my dad, I beat

Yet not to show off; just there is a point in my eyes to knocking over the in with comfy chair, yet not running around a race track like a horse in t any clothing, is not my idea of fun.

You see in the bowling there are again many styles and have seen some spin a ball across the aisle, yet that doesn t mean they are going to hit

You can do this in any part of life and currently after seeing this al-Bund guitar.

This impressed this fact on me of that things can be done in many difference

better results.

If you put your heart and spirit into something.

Like Jimmy Hendrix was in many ways and now Mr Bundy also; he doesn to from the fret board and almost plays it like a double bass&really is some Now I have seen this I will acquire that you can do that, yet to create co would ruin the style of playing I already have.

An on many occasions the movements would need to be modified, for the compared to his and there we go.

Before I have even started to think about picking up the guitar and expreemotions and ideas, that then distract from the end result.

So it is like in any Zen Archery it is the understanding of any task in ful see it understand it, then let it go, let go of all thought and feeling.

As in trying to much you will spoil it, and in not at all you will never see The things with Zen archery that is not often related is that it is the poir the target what ever it is &

As with full knowledge of the guitar and then closing your eyes and not I feeling, the true musician shines.

The runner wins the race, and the skittles are knocked down, yet that wi you need to first understand from every angle what it is you are dealing understand the movement of energies passed between it and you.

Then let go and trust God and faith, don t think as the moment you do to percussion at any party with fast music, you make mistakes&

As that moment of thinking goes where the rhythm used to be and the flu Same with archery, if at the moment of release you are worrying if all th movements are correct to what you have been shown, you won t hit anyth your arm with the bow string as you release.

Yet in setting everything placing everything taking your time and analysi just a fact of 1, 2, 3 and release as you know where and what is you are Yet pause as you release and you feel the pain of not doing it correctly, you.

There is no pause in a stream and neither is there in mastering somethin them.

The stream first flows until it becomes a river, and within the river it can where it came from.

So again why understanding first of whom the stream is, will help people and can not do.

As don t be one with loss, as if you have regrets having not done it and do it!

Don t leave it, as they all add up and you end up with a life full of regre not done.

This isn t good when you judge your self, when you die and many find it a target; when all they have left behind them is a case of fallen competit

That maybe was never their race as they weren t designed to do that. God makes each and everyone special and unique for a reason, so some others, and some just chose to never use the one they have.

Yet when there is this fake sense of pride within people have this; this i it is a false sense of greed, as all that remains after you are gone is me We can never achieve oneness when we don't live it, there is no second

of take.

Then don t copy the styles learn from them, there is always someone bet corner&Mr Bundy properly aspires to be the greatest at music, not what oplay like every body else and we wouldn t have the opportunity to hear h playing &.

Also with in our race, if everyone was looking behind them to see who el the race would be far slower&

If you watch a race, they are switch off; almost like race horses with bline or else they know well that those on either side of them are like raready to let go &.

Do they think wonder if they are better, then me?

Do they have time to think it, no not really and it is that moment of think lost them the race.

As it is the moment of looking behind, that loses the pace of the last rhy own step; so losing with that lost moment&

You can see this in any performance, there will be there those who wish self to fall over, and just say the artist catches it&.

Now if the artist s focus is on how they use to be alright with practising live with a new audience & they are now unsure & this is where spirit and f They are now at this cross roads, which many just make a mess of, as we idol; where it is bent on competition to begin with and the objective of v

Thing is people like it, and so we ban sports days &.

You see, where it shows with in society as it becomes more corrupt from competition, as where does it end or lead to for our children? You see pop idol doesn t find artist they were artist to begin with.

This is just away to capitalise and in the process lower the standard of t promoting competition where music is about unity in any person language

This same applies with a lot of modern corporations or near corporate but it s and peoples well being, yet for the sake of its own profits and in the opposite effect.

As stress and depression are now becoming an epidemic, with people fee unsuitable, as what do they have to achieve? This pipe dream that doesn

Yet you end up with the rich flash executive with all the money, and yet being alienated as many films are now trying to show us.

We end with a musician who can t do what they started it all for i.e. the with people, and to be loved &.

Who now can t show the faces in public as the competition has grown and entertaining to read about artists misfortunes; there is something very w

As long with any form of competition there is of course bitterness of the up&who now have been made to feel down trodden by the powers that be; growth of the company and finally for what&

For a society who slowly is becoming more and more dysfunctional, wher be head of the $\mathtt{game}\&$

Yet for many it ends up they can t win and so become unhappy&

Well to begin the best way to fix this is, is to realize in all, you do not disease and from there leads Depression, stress, anxiety&ECT

As if you forget to think how much you equate to another person you see them and believe one day you will do that and then maybe you will, yet y still are on their own path growing also.

So with enough practise and dedication of your own&and learning off as as no single person knows everything, only God does.

As often if you are not dogmatic in your approach, you will find better or haven t though of, or maybe accumulate ideas to achieve said goals. Yet this could have nothing to do with the original idea you perceived so

As that way, with this in mind you will find a way to do it! while you strivalways fall short&why the Bible made it the 10th commandment&Not to de

So understand this isn t heaven here, there are no perfect people; yet al else they wouldn t be here, they would be sitting in heaven&relaxing from right.

Its one love and that means letting go of dogma, as that is a form of com regards to religions, as many use their books as weapons; not of God s; most and so over shadowing the purpose of any of the books to begin wit

By doing so, it just aggravates people, when in competition as they hear Sunday, how many they brought to Christ?

God brings people to Oneness, you were just the messenger and at best that and you rise your self up above Christ was and so making all null ar Yet how may do? & you see how nice a Christian perceives them self to be the most righteous and self giving & in fact doing the opposite for many, be person is left feeling in adequate and unsure of why they are not the san People can thelp wanting to competing its natural, people cant help wan think all of this is trying to say is let God direct that & from the moment y talents, you never need to learn how to become extra talented at some sl

Finding these and learning about you is the best anyone can do&and wha see if you can beat the next person&as when they stop, you fall; or if the and be the best that you can be.

Each and ever person is special and unique each has there own very spe step, so don t let your lacks hold others back also, by trying to be above

If someone holds that they are in some ways better then you are, don t s to beat them, give in to them, let it go and find your own way&

As the moment you let go of what ever it is, you see again see it clearly while you hang on to a pre-conceived ideas of what must be, it isn t righ

It's you and only you can do it, learn from all, yet take nothing, just give others as you wish to be treated&

As in what way do you want someone to say, I can do that better then yo never will! Even if they might admit to it at the time out of respect later in its self is also a control drama many use&really each believe and striv be&the moment of unhappiness is the comparisons&