

Title: Why Competing Against others is so Wrong to Begin

Subtitle: Spiritual Oneness

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Summary: With many unhappy and depressed in a world they can't fix also acceptance by being better than the rest; at least this is what we have been

Now with many people slowly banning sports days in schools, due to this at the problem to begin with would help us...

You see it came to my attention how bad it was or could be, when one day practising my guitar, someone mentioned how the best way to learn and find would be to find someone with similar talent as my self, and then we could pull off the rift first?

Then as one learnt something, the other could compare, to see if they could then to get my own back, for them being better and having taught us in a I didn't say much at the time, yet still feel how wrong that approach is to especially the next.

You see while you are striving to see what another can do, this is not you do...and maybe where this person, still goes wrong...As for instances in styles of playing a guitar; some people say just one and you must be trained doesn't say much, when some of the worlds best recognized musicians, play style...

So it isn't ever about copying, that makes you the best, and so striving to else's style to begin with, is always going to fall short; as you have your special to whom you are.

This especially applies within music and why it is an easier way to explain As being a percussionist, there are many times I have walked around with parties and even along the street in-between them...well on these journeys never having played a drum; yet feel a drum should be hit and so I always The reason is this...each and every person has their own automatic rhythm are born...

They walk to it, breathe to it and live by it, well that is their rhythm of I through hearing theirs alone, yet an accumulation of every rhythm I have times, being brought up with a wide range of musical styles by the people So what would be the point of then, after the person has played then should do...as I know my self, and when I do play half the time I embarrass them at...in fact half the time, I hope they don't ask me to play...to be polite. giving a hi-light of what can be done...

Yet even on that then they ask, how to do it rather than showing my own proving I am better than they are. Just to prove to some person on the street

and where this goes wrong in society to begin; as it is the feeling of lack of others attention...I play the drum for God and me, so how can they compare?

So that is the point, if each is going to be inherently different from the others, many get wrong, as no one is the same as the parents! it is an out right fact that flesh may look a bit like them; yet the spirit has it's own very unique rhythm from God...

Me and my family for instance: all play differently, all brought up with similar yet different time frames and completely different people.. This is due to that the spirit comes from God, or the energy of the universe, and this expression and this can not die as that is a form of energy in its self...well

So maybe that leads on to the point of acceptance...it is not to be better than others; are; see it as the target in Zen archery and let your path walk straight from the center with your eyes almost closed, from having seen the exact path...

Like In a race some people may just be designed to do long distance fast, and who is to tell, it is the spirit that makes the difference...

As it is the spirit that believes it will win and can go faster, that achieves the goal, back, to just to believe it for a second...yet with no hope of spirit and then to use someone else as your own blue print for running, doesn't work.

As if you define you are them and that is you, what if they can do what you can't around; you can do what they can't... Like saying you have friends in the race, and you know you could win the race, but you have been able to run fast...yet they have asthma...well where do you base your confidence on who are your friends or the more athletic amongst the runners. Depends whom you make your role models to begin with...

Well in this case, we chose friends and talked instead of concentrating on the more important win in my eyes at the time. Also with this previous misconception of that is who I was, as society had said I went extra slow and not a winner in such a race...so that was how it was

Until I realized the competition wasn't about them to begin with, it was about me and bowling which having gone on numerous occasions with my dad, I beat me

Yet not to show off; just there is a point in my eyes to knocking over the pins in with comfy chair, yet not running around a race track like a horse in tight any clothing, is not my idea of fun.

You see in the bowling there are again many styles and have seen some people spin a ball across the aisle, yet that doesn't mean they are going to hit the pins

You can do this in any part of life and currently after seeing this al-Bundara play the guitar.

This impressed this fact on me of that things can be done in many different ways

better results.

If you put your heart and spirit into something.

Like Jimmy Hendrix was in many ways and now Mr Bundy also; he doesn't touch the fret board and almost plays it like a double bass...really is something. Now I have seen this I will acquire that you can do that, yet to create something would ruin the style of playing I already have.

And on many occasions the movements would need to be modified, for the same compared to his and there we go.

Before I have even started to think about picking up the guitar and expressing emotions and ideas, that then distract from the end result.

So it is like in any Zen Archery it is the understanding of any task in full. You see it understand it, then let it go, let go of all thought and feeling.

As in trying to do too much you will spoil it, and in not doing at all you will never see it. The things with Zen archery that is not often related is that it is the point of the arrow to the target what ever it is...

As with full knowledge of the guitar and then closing your eyes and not touching the strings, the true musician shines.

The runner wins the race, and the skittles are knocked down, yet that will not win you. You need to first understand from every angle what it is you are dealing with. Understand the movement of energies passed between it and you.

Then let go and trust God and faith, don't think as the moment you do to do something like percussion at any party with fast music, you make mistakes...

As that moment of thinking goes where the rhythm used to be and the flow. Same with archery, if at the moment of release you are worrying if all the movements are correct to what you have been shown, you won't hit anything. You arm with the bow string as you release.

Yet in setting everything placing everything taking your time and analysis. It is just a fact of 1, 2, 3 and release as you know where and what is you are aiming at. Yet pause as you release and you feel the pain of not doing it correctly, you.

There is no pause in a stream and neither is there in mastering something. They flow through them.

The stream first flows until it becomes a river, and within the river it carries the water where it came from.

So again why understanding first of whom the stream is, will help people flow and can not do.

As don't be one with loss, as if you have regrets having not done it and don't leave it, as they all add up and you end up with a life full of regrets. It is done.

This isn't good when you judge your self, when you die and many find it hard to hit the target; when all they have left behind them is a case of fallen competition. That maybe was never their race as they weren't designed to do that.

God makes each and everyone special and unique for a reason, so some are better than others, and some just chose to never use the one they have.

Yet when there is this fake sense of pride within people have this; this is not it. It is a false sense of greed, as all that remains after you are gone is me. We can never achieve oneness when we don't live it, there is no second chance to take.

Then don't copy the styles learn from them, there is always someone better. Bundy properly aspires to be the greatest at music, not what other do... nobody else and we wouldn't have the opportunity to hear his unique style.

Also with in our race, if everyone was looking behind them to see who else the race would be far slower...

If you watch a race, they are switch off; almost like race horses with blinders. They know well that those on either side of them are like race horses. They go...

Do they think "wonder if they are better, than me"?

Do they have time to think it, no not really and it is that moment of thinking that lost them the race.

As it is the moment of looking behind, that loses the pace of the last rhythm of their own step; so losing with that lost moment...

You can see this in any performance, there will be there those who wish to fall over, and just say the artist catches it...

Now if the artist's focus is on how they use to be alright with practising with a new audience...they are now unsure... this is where spirit and faith. They are now at this cross roads, which many just make a mess of, as we see in pop idol; where it is bent on competition to begin with and the objective of victory.

Thing is people like it, and so we ban sports days...

You see, where it shows with in society as it becomes more corrupt from competition, as where does it end or lead to for our children?

You see pop idol doesn't find artist they were artist to begin with. This is just away to capitalise and in the process lower the standard of talent. Promoting competition where music is about unity in any person language.

This same applies with a lot of modern corporations or near corporate but it's and peoples well being, yet for the sake of its own profits and in the opposite effect.

As stress and depression are now becoming an epidemic, with people feeling unsuitable, as what do they have to achieve? This pipe dream that doesn't work.

Yet you end up with the rich flash executive with all the money, and yet alienated as many films are now trying to show us.

We end with a musician who can't do what they started it all for i.e. the people, and to be loved...

Who now can't show the faces in public as the competition has grown and it's entertaining to read about artists misfortunes; there is something very wrong.

As long with any form of competition there is of course bitterness of the up...who now have been made to feel down trodden by the powers that be growth of the company and finally for what...

For a society who slowly is becoming more and more dysfunctional, where be head of the game...

Yet for many it ends up they can't win and so become unhappy...

Well to begin the best way to fix this is, is to realize in all, you do not o disease and from there leads Depression, stress, anxiety...ECT

As if you forget to think how much you equate to another person you see them and believe one day you will do that and then maybe you will, yet y still are on their own path growing also.

So with enough practise and dedication of your own...and learning off as as no single person knows everything, only God does.

As often if you are not dogmatic in your approach, you will find better or haven't though of, or maybe accumulate ideas to achieve said goals. Yet this could have nothing to do with the original idea you perceived so

As that way, with this in mind you will find a way to do it! while you strive always fall short...why the Bible made it the 10th commandment...Not to

So understand this isn't heaven here, there are no perfect people; yet al they wouldn't be here, they would be sitting in heaven...relaxing from re

Its one love and that means letting go of dogma, as that is a form of com regards to religions, as many use their books as weapons; not of God's; and so over shadowing the purpose of any of the books to begin with...

By doing so, it just aggravates people, when in competition as they hear Sunday, how many they brought to Christ?

God brings people to Oneness, you were just the messenger and at best that and you rise your self up above Christ was and so making all null an Yet how may do?...you see how nice a Christian perceives them self to b the most righteous and self giving...in fact doing the opposite for many, is left feeling in adequate and unsure of why they are not the same also. People can't help wanting to competing its natural, people cant help wan of this is trying to say is let God direct that...from the moment you were never need to learn how to become extra talented at some skills...it is th and learning about you is the best anyone can do...and what life is here beat the next person...as when they stop, you fall; or if they run, you ch that you can be.

Each and ever person is special and unique each has there own very spe step, so don't let your lacks hold others back also, by trying to be above

If someone holds that they are in some ways better than you are, don't s
beat them, give in to them, let it go and find your own way...

As the moment you let go of what ever it is, you see again see it clearly.
while you hang on to a pre-conceived ideas of what must be, it isn't right

It's you and only you can do it, learn from all, yet take nothing, just give
others as you wish to be treated...

As in what way do you want someone to say, I can do that better than yo
will! Even if they might admit to it at the time out of respect later they w
self is also a control drama many use...really each believe and strives to
moment of unhappiness is the comparisons...