

**Title: Enlightened Spiritual Teaching**

**Subtitle: Spiritual Oneness**

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Date: 2006/8/6

URL: <https://www.wizanda.com/modules/article/view.article.php/c2/25>

Keywords: Teaching, Preaching, Life, Guide, Path, Way, Oneness, Teacher

Summary: Spiritual Teaching Proverbs, Helping People to be Good Teachers

One of the hardest things I find with many teachers and even my self; is People take things in like a plant grows, and the way we eat, so here is how to teach.

Quote:

a) People only eat, what is easy to digest.

Don't make what you say confusing; try and keep it simple wording, so everyone can understand.  
Quote:

b) You can't build something, without laying the foundations first.

Before you start to explain something, make sure the person understands what you are saying first. Else later the whole point can be missed or the message is lost.  
Quote:

c) A piece of work isn't started until the plans are finished.

Don't try and explain something, without fully knowing what you are talking about; give references; so then they can check for themselves also.  
Quote:

d) People eat in portions.

There is no point in a long essay, as most people will only remember key points you say in simple portions.  
Quote:

e) Something too long is hard to hold.

When you write a letter or reply to someone, it is far easier to read in simple pieces; as people get bored of listening or reading what you have to say.  
Quote:

f) People can only carry what they can manage; something too heavy won't be carried.

When you discuss deep subjects try and keep them in simple terms. Don't overcomplicate things.

discombobulates (confuses) people. Then they will miss what you are saying and not understand the wording you used.

Quote:

g) A skilled painter or composer will add in thin layers.

If you paint a picture and paint too thick to start with, later you will have to remove it and compose a piece of music and have something to be prominent, later it will be a simple piece. So when explaining something, keep each piece like parts of a jig that will make the picture.

Quote:

h) A word spoken in haste is often chased.

In conversation spend time to reflect on how to remove edges, which will be instantly replied with a negative answer.

Quote:

i) If you over feed a plant, the roots die.

Telling people too much of a subject in one go, can put the person off the subject.  
Quote:

j) Plants will only take what nutrition they need.

If people know that a subject can be answered by you, they will come to you for the answer. Giving the person too much information in one go, is just a waste; they will only take what they need at that time.

Quote:

k) Too much light can kill a plant.

People need to hear about good things, yet if you try and show them too much, they can be burnt, and so detriment the growth.

Quote:

l) A plant that is well rooted absorbs more.

Someone who is already interested in a subject will take more in; then someone who has no knowledge of a subject.

Quote:

m) Too much pruning will kill a plant's growth by shocking it.

Telling a person they are wrong in everything in one go, can cause a bad reaction. Instead, tell them in small sections, so they have time to adjust.

Quote:

n) When something is undone, it can still be fixed.

When someone isn't sure on a subject and is still open to suggestion, the ideas.

Quote:

o) When something is tied, it needs unravelling before it can be used again.

If someone has closed their mind on a subject, first you need to find the key to it.