Title: Insomnia Subtitle: Poetry

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Keywords: Insomnia, Sleep, Help

Summary: A poem that helpped me sleep...

Stuck in thought,
Wandering free in our mind;
Only problem is when we ought to sleep,
Yet we can't get a peep,
Because we need to hide in the deep.
To rest from the test,
Give up all the stress.
Don't think so deep,
To find some sleep,
Else we won't get a peep!