Title: Conversations
Subtitle: Who thinks martial arts are spiritual?
Second Subtitle: Re: Who thinks martial arts are spiritual?
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Bruce Lee,

You have wet our appetites, tell us more of your philosophies!

From the teachings of Bruce Lee: Tao of Jeet Kune Do

"To see a thing uncolored by one's own personal preferences and desires
pristine simplicity."

"The correct opportunity must be waited for and seized."

"An Enlightened Spiritual Teacher helps others to awaken to become a go
themselves first, then guides others along the path, there will be steps t
Interpretation of Alexander

We often hear you can not build anything at all without first creating a g
applies to everything here and there.

With each Martial Art there is a philosophy...some enlightened and in se
service to self. The choice is yours to discern and with in each Art all to
either. Blessings to you in your search. May your heart seek to know the

Some Arts develop inward qualitities, while others develop a warrior who
Some are for sport and competition while others merely look all show and
you either. Look closer for the philosophy... The list is endless actually.
that you have questions about? You have left it so enormously wide open

My cup remains empty...

Love and Light,
suzyq