Title: Conversations
Subtitle: Who thinks martial arts are spiritual?
Second Subtitle: Re: Who thinks martial arts are spiritual?
Author: qOLOp
Date: 1138299174
URL: https://www.wizanda.com/modules/newbb/viewtopic.php?topic_id=29

If one is without fear, then one may see where one is going.

When one fears they are more likely to attack others due to their own fea
selves.

If you can catch fly with chopstick and not kill
This is spiritual, as you have evolved your frequency faster then fly.

signed

Mr. Kesuke Miyagi