

Title: Conversations

Subtitle: Help writting anti-depression article

Second Subtitle: Help writting anti-depression article

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A friend asked me for help with her daughter who has depression.
The amount of people I come across in the same boat is a lot.

I have a few things to help with this and ways to pull out of it.

When I get back I will write the Article for this friend, to help the daughter

Has anyone got any could quotes and ways to get out of depression to ad