

**Title: Conversations**

**Subtitle: Frozen Light - The Crystal Lightworker Companion**

**Second Subtitle: Frozen Light - The Crystal Lightworker Companion**

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As lightworkers, many of us will work with the frozen light of nature, the 10,000 years just to grow 1 square inch of crystal so they are very ancient in the womb of Mother Earth but many are extraterrestrial. These frozen lightworkers and their sacred geometry were used in civilisations of Atlantis and Lemuria. They were used for the generation of energy, and healing on all levels. Before the destruction of Atlantis, high priestesses programmed sacred information into crystals and seeded the earth. The time is now. In this dawning of the Aquarius Age, the age of information has resurfaced to provide assistance to human evolution. Being so ancient, however, crystals are powerful recordkeepers and healers. These records can be accessed by those who are ready, in order to help humanity to evolve. Crystals are solid geometry and represent the optimum level of our auras and chakras. It is the physical connection to all that is divine. That is why they are effective in clearing the physical, mental, and emotional bodies which positively affect the physical body and reveal the inner self.

The key to working with crystals is to have a strong intention to anchor your energy. If you are meant to work with them, by divine order, they will find you. As you become their next keeper will be, an etheric connection is already set prior to meeting them. If you have a strong urge to visit crystal shops, go to the local crystal mines for some crystals. You could almost see some crystals etherically jump up and down towards you. If you pay attention, it could be the crystal name ringing in your head, or just an attraction. The beauty of crystals can be compelling and some of us are initially attracted to them. No matter what, it will try to get its point across, "Take me home with you." A crystal is meant to pass through your hand to someone in need. You will find your purpose will happen because you will feel an urge to give it away, and the intended purpose will be fulfilled. Usually, when one starts working with crystals, it is a significant turning point in their life.

Being of such pure vibration, they help us to align, clear, and energise our energy. Crystals like black tourmaline, quartz laser wand, and onyx have protective properties that can protect us from geopathic stress, radiation from computers and electronic devices. A crystal cluster can energise a room, but better not put it in a bedroom as it has such intense vibration. Small pieces of crystals are usually worn as jewelry or used as healing tools in crystal layouts. Except citrine and kyanite which are always good to cleanse the crystal that comes to you before using or charging. Crystals can pick up vibrations along the way from everyone who handled them, and their energy staying with it. After the cleansing, charge it with moonlight and sunlight as it might crack or the colour might fade. Care for them how you care for yourself, be gentle. It is important for us to note while the crystals are clearing our energy, they appear in our lives to remind us to live up to our divinity. They are not here to be used on them. Crystals are our mirror, as beings of pure and focused healing energy.

Next post : Cleansing the Crystal

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