

**Title: Conversations**

**Subtitle: Frozen Light - The Crystal Lightworker Companion**

**Second Subtitle: Re: Frozen Light - The Crystal Lightworker Companion**

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URL: [https://www.wizanda.com/modules/newbb/viewtopic.php?topic\\_id=34](https://www.wizanda.com/modules/newbb/viewtopic.php?topic_id=34)

Yeh Dude mate there is an internal PM sysytem, that will Email you if so  
All you have to do is go to the persons you want's, profile and click PM t

Hope that helps