Title: Conversations
Subtitle: micro cosmic orbit
Second Subtitle: Re: micro cosmic orbit
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Date: 1144950871
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Hi Dude,

I have missed you and glad to hear from you.

Apples and oranges...

Still fruit...

Still energy and this is all well and good.

I have also had a rush of kundalini and understand what you have descri
at first. Don't let this discourage you on your personal journey. Find a q
teacher who can teach you the proper way to open your energy channels.
to be certain this person is right for you. It is a lonely and often frieghte
alone. I began with Martial Arts. Each person will find their own path. Ac
positive one, you just were not prepared for its brilliance at the moment
guidance you can regain your confidence and have a similar experience.
Enduring too.

I will write more on this subject soon.

The microcosmic orbit is like a small circle of personal energy that surro
envision this?
Alex Gray has the most incredible picture books to show this in full deta
the spelling so google both. I apologize all of my books are currently pac
forward in my life.

Mine is always circling, always activated. In a later article I will also co
which is the greater orbit. It combines to form a unity of self and other s
must master and connect the inner microcosmic orbit in order to sustain

The microcosmic orbit is a way to ensure health and longevity. It does co
of self and thus information through your own higher self. You feel more

I am so delighted to hear you continue even today to follow a path of exp
answers you seek are within your reach. Remember, I said I had to pract
one day found myself the teacher...what do you know. Miracles do happe
I am not bashful at all to admit to the early blunderings and misteps I to
What matters most is now.

Love and Gratitude,
suzyq