

Title: Conversations

Subtitle: politics/religion OR spirituality

Second Subtitle: Re: politics/religion OR spirituality

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Ascension is ascending the now-less consciousness and the biology to that of dying and going to the astral (as we have been doing).

If you have incarnated into a physical form, you have a limited consciousness that will prevent your ascension.

Although it is a right of passage afforded to every ensouled human - it does not mean that Humanity, the etheric body and your physical form, is bound by too much karma. We do not ascend with karma.

We ascend by raising the consciousness - knowing all the sacred truths and transcending and ascension.

Then we ascend

The practise of yoga will not ascend you, as there is nothing in the practise of polarity thoughtform and transform you.

Namaste and Blessings

Pat