

**Title: Conversations**

**Subtitle: Did Buddha Say There is No Soul & No God?**

**Second Subtitle: Did Buddha Say There is No Soul & No God?**

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Buddha means Discernment, and in deep meditation, we can understand that which is truly understood.

Buddha wasn't saying we do not have a soul, he was addressing that Self is not a thing; when at a root level, we are part of infinite consciousness, which is the source of all.

The same when Buddha referred to the Source of reality, he didn't call it God; he used the terminology 'Universal Mind'; in the Sanskrit language, it is called 'Brahma'.

From Buddha's perspective, the soul is part of the 'Universal Mind', which is a piece of music; where we all exist inside this Universal Symphony.

When we let go of attachment to everything (Nirvana), we realize we are free; when we attach to things, this leads to suffering, as everything is transient.

Buddha was trying to show how Dharmic ideas (Hinduism) with Self-Realization; as Source is selfless, and the religion had become anthropomorphic.