

**Title: Conversations**

**Subtitle: You Are What You Eat Specials - Contributors Needed**

**Second Subtitle: You Are What You Eat Specials - Contributors Needed**

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URL: [https://www.wizanda.com/modules/newbb/viewtopic.php?topic\\_id=18](https://www.wizanda.com/modules/newbb/viewtopic.php?topic_id=18)

Celador Productions is making a new series of the Channel Four hit show

**YOU ARE WHAT YOU EAT**

We are looking for individuals, couples or adult families who would like to film a Christmas special.

Feeling tired, depressed, lacking energy?

Do you eat and drink too much at Christmas-time?

Fed up with being overweight?

Do you need to change your bad habits?

Do you need to cleanse your body after too much booze and/or eating?

You don't have to be overweight but you do have to habitually eat and drink too much over the festive season, then feeling guilty and wanting to change your body.

If you think that you are right person for us, or you would nominate someone, please call 0207 153 6153. You can apply at [www.applytoceleadon.co.uk](http://www.applytoceleadon.co.uk)