Title: Conversations
Subtitle: Buddhism
Second Subtitle: Buddhism
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Quotation:
"Buddhism has the characteristics of what would be expected in a cosmi
transcends a personal God, avoids dogmas and theology; it covers both t
is based on a religious sense aspiring from the experience of all things,
meaningful unity" Albert Einstein

Overview:
Buddhism is the fourth largest religion in the world, being exceeded in n
Islam and Hinduism. It was founded in Northern India by the Buddha, Sid
born circa 563 BCE in Lumbini which is in modern-day Nepal. At the age
children and political involvements in order to seek truth. It was an acce
some men to leave their family and lead the life of an ascetic. He studie
rejected it. In 535 BCE, he attained enlightenment and assumed the title
awakened).

He is also referred to as the Sakyamuni, (sage of the Sakya clan). He pr
rejecting both extremes of the mortification of the flesh and of hedonism
Nirvana. He had many disciples and accumulated a large public following
his early 80's in 483 BCE.

Two and a half centuries later, a council of Buddhist monks collected his
traditions of the faith into written form, called the Tripitaka. This includ
commentaries and traditions; most are called Sutras (discourses).

As Buddhism expanded across Asia, it evolved into two main forms, whicl
independently from each other:

Theravada Buddhism (sometimes called Southern Buddhism; occasionally
been the dominant school of Buddhism in most of Southeast Asia since th
the establishment of the monarchies in Thailand, Burma, Cambodia and L
Mahayana Buddhism (sometimes called Northern Buddhism) is largely fou
Korea, Tibet and Mongolia.

To which might be added:

Tibetan Buddhism, which developed in isolation from Theravada and Mah
of the isolation of Tibet.

Since the late 19th century:

Modern Buddhism has emerged as a truly international movement. It star
produce a single form of Buddhism, without local accretions, that all Bud