

**Title: Conversations**

**Subtitle: Gazing Within the Heart Chakra**

**Second Subtitle: Re: Gazing Within the Heart Chakra**

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Quote:

suzyq wrote:

Begin with self; seek out inner wisdom...Learn to love self first. I am not  
It requires action, the chewing of a raisin 100 times!

Are we up to the challenge? Actually we are. Chewing, Chewing, Chewing

Well after Chewing that I spat it out, and then decided to add or change  
edible.

Quote:

Begin with Spirit (self), seek out inner wisdom...Learn to love self first.  
is work. It requires action, the chewing of a raisin 100 times!

You are saying at the end what is right almost, yet I will remind you first  
and all things will be open to you.

This is my whole point with search for knowledge at the end of your nose  
of your toes. Yet even in what I have written maybe I should say God's to  
to see the whole picture.

You see while you seek to be complete in self you never will be, what fil  
chase????

My poems explain the meaning of life in them, yet maybe I should still m  
don't read them. As if they did or the article on unconditional love they v  
your flesh will die and the self must die to enter heaven. Else you will g  
will still hold on to the image of this the self, yet spirit has no shape it  
wishes.

So what would I say....?

Let Go of self!

Let Go of EGO!

To be one in your self let GO and trust God.

Do you not understand Lao Tzu>? What he meant when he says when it is space in an object? It is the space in a bowl that makes it useful, it isn't the bowl that makes a house useable it is the space. With out the center of wheel the wheel won't turn. So when this applies to you what is the point in having a full cup you have none as there isn't any room for God to fill you; it is not about what you have but about what you are in you.

To truly understand love as Christ did, you give up self and not just EGO but even flesh to do what was called of him.

His love was focused on the center of heaven in all faith, he was no longer EGO or the self, even beyond his own spirit and at one with God first above all.

Yes there is a flaw in this and that is the world should be at one, as then it would be the love of God like this.

Yet what has happened to stop this?

EGO has taken control and where from?

People trying to understand the self 1st?

You can't, it is constantly evolving!

God is not so the same if you read the article on unconditional love, if you love yourself it will be constant.

If you focus on your self, who is sitting in this boat or car you call a boat or car has waves.

Aren't you better to focus on the destination rather than just maintaining the boat or car as they decay as they do?

Where as if you get to the destination then you will find rest.

If you spend your time fixing your boat and self then as you fix one bit then another bit t

Let GO!

Let God!

Open the door!

God can't come in when there is a big demon in your self called EGO, who is the accuser and the interrogator.

Focus on the center of heaven, which is God, let go of images, let go of the self and be one!

This is called in Sanskrit

Sat-Chit-Ananda = Being-Consciousness-Bliss

So please trust me, I do know what I am saying.

Namaste on your journey to freedom, the kingdom of true wisdom!

Oneness = No Self

All is spirit, all is one, all is God's and you are just a reflection of the i

Be content with that and understand level one of the dimensions/command  
rest.

Peace N love B with U