Title: Conversations

Subtitle: The Ancient Hawaiian Religion

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SIX

NETAOANSOM

One day when Glooscap and Nogami were walking along in the woods, man. This young man looked very strong because he was tall and physical coloured eyes. Glooscap asked the young man his name and how he arrive the young man introduced himself. He told Glooscap that his name is Ne Glooscap's sister's son. In other words, his nephew. He told Glooscap the and that they could all live comfortably. Netaoansom could run after moobring them down with his bare hands. He was so strong. Netaoansom said was blowing so hard it caused the waters of the ocean to become rough a blown to the shore on the sandy beach and finally rested on the tall grass sweetgrass. Its fragrance was sweet. The sweetgrass held onto the foam high in the midday sky. Nisgam gave Netaoansom spiritual and physical so Gisoolg told Glooscap that if he relied on the strength and power of his is strength and understanding of the world around him.

Glooscap was so glad for his nephew's arrival to the Mik'Maq world, he the rivers and seas to come to shore and give up their lives. The reason Netoansom and Nogami did not want to kill all the animals for their survinephew's arrival, they all had a feast of fish. They all gave thanks for the to rely on their brothers and sisters of the woods and waters. They relied survival.

SEVEN

NEGANOGONIMGOSSEESGO

While Glooscap was sitting near a fire, Nogam was making clothing oun Netaoansom was in the woods getting food. A woman came to the fire and put her arms around Glooscap and asked "Are you cold my son?" Glooscap up and asked the woman who she is and where did she come from. She explooscap's mother. Her name is Neganogonimgooseesgo. Glooscap waited and nephew returned to the fire then he asked his mother to explain how world.

Neganogonimgooseesgo said that she was a leaf on a tree which fell t formed on the leaf and glistened while the sun, Nisgam, began its journe was at midday when Nisgam gave life and a human form to Glooscap's mo strength of Nisgam entered into Glooscap's mother.

Glooscap's mother said that she brings all the colours of the world to strength and understanding. Strength to withstand earth's natural forces Mik'Maq world; its animals and her children, the Mik'Maq. She told them understanding and co-operation so they all can live in peace with one an

Glooscap was so happy that his mother came into the world and since called upon his nephew to gather nuts, fruits of the plants while Nogami gave thanks to Gisoolg, Nisgam, Ootsitgamoo, Nogami, Netaoansom and They all had a feast in honour of Glooscap's mother's arrival to the world

The story goes on to say that Glooscap, the man created from the san live with his family for a very long time. He gained spiritual strength by member of the family. He listened to his grandmother's wisdom. He relie and spiritual power. His mother's love and understanding gave him dignibrothers and sisters of the wood and waters gave him the will and the followned that mutual respect of his family and the world around him was a survival. Glooscap's task was to pass this knowledge to his fellow Mik'Macould survive in the Mik'Maq world. This is why Glooscap became a centratelling.

One day when Glooscap was talking to Nogami he told her that soon tand nephew. He told her that they should prepare for that occasion. Noganecessary things ready for a long journey to the North. When everyone we fire one evening, Glooscap told his mother and nephew that he and Nogamik'Maq world. He said that they will travel in the direction of the North people were in danger. Glooscap told his mother and nephew to look after to let it go out.

After the passing of seven winters, "elwigneg daasiboongeg", seven s and when they land on the ground seven people will come to life. Seven ground and seven more people will come into existence. From these spar and seven men. They will form seven families. These seven families will directions from the area of the Great Fire. Glooscap said that once the s destination, they will further divide into seven groups.

Each group will have their own area for their subsistence so they wou groups. He instructed his mother that the smaller groups would share the resources which included animals, plants and fellow humans.

Glooscap told his mother that after the passing of seven winters, each return to the place of the Great Fire. At the place of the fire all the people celebration of their continued existence in the Mik'Maq world. Glooscap of Great Fire signified the power of the Great Spirit Creator, Gisoolg. It also strength of the light and heat of Nisgam, the sun. The Great Fire held the earth. Finally the fire represented the bolt of lightening which hit the was created. The fire is very sacred to the Mik'Maqs. It is the most power

Glooscap told his mother and nephew that it is important for the Mik' Mand thanks to the seven spiritual elements. The fire signifies the first fo Nisgam, Oositgamoo and Glooscap. Fire plays a significant role in the la represents the power of the sun, Nisgam.

In honour of Nogamits arrival to the Mik'Maq world, Glooscap instruct fourteen and twenty-one rocks would have to be heated over the Great Fi be placed inside a wigwam covered with hides of moose and caribou or w face the direction of the rising sun. There should be room from seven me a pit dug In the centre where up to twenty-one rocks could be placed. Se willows and seven beech saplings will be used to make the frame of the I covered with the hides of moose, caribou, deer or mud.

Seven men representing the seven original families will enter into the and honour to the seven directions, the seven stages of creation and to health. The men will pour water over the rocks causing steam to rise in the men will begin to sweat up to point that it will become almost unbeabelieve in the spiritual strength will be able to withstand the heat. Then lodge full of steam and shining like new born babies. This is the way the should honour Nogami's arrival.

In preparation of the sweat, the seven men will not eat any food for s drink the water of golden roots and bees nectar. Before entering the swe the sweetgrass. They will honour the seven directions and the seven stage Netawansom's arrival to the Mik'Maq world. The sweet grass must be lit

Glooscap's mother came into the world from the leaf of a tree, so in h made from bark and leaves will be smoked. The tobacco will be smoked in of a tree and a bowl made from stone.

The pipe will be lit from sweetgrass which was lit from the Great Fire bark, leaves and sweetgrass represents Glooscap's grandmother, nephew called "spebaggan" will be smoked and the smoke will be blown in seven

After honouring Nogami's arrival the Mik'Maq shall have a feast or me they will eat fish. The fruits and roots of the trees and plants will be eat mother.

Glooscap's final instruction to his mother told her how to collect and barks and roots of seven different kinds of plant. The seven plants toget "ektjimpisun". It will cure mostly every kind of illness in the Mik'Maq wormedicine are: "wikpe"(alum willow), "waqwonuminokse"(wild black-cherry) hemlock), and "kowotmonokse"(red spruce). The Mik'Maq people are dividareas which are as follows:

- 1.Gespegiag
- 2. Sigenitog
- 3. Epeggoitg a, Pigtog
- 4.Gespogoitg

- 5.Segepenegatig
- 6.Esgigiag
- 7.Onamagig