

Title: Conversations

Subtitle: politics/religion OR spirituality

Second Subtitle: Re: politics/religion OR spirituality

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Ascension is ascending the now-less consciousness and the biology to the point of dying and going to the astral (as we have been doing).

If you have incarnated into a physical form, you have a limited consciousness that will prevent your ascension.

Although it is a right of passage afforded to every ensouled human - it does not mean that Humanity, the etheric body and your physical form, is bound by too much karma. We do not ascend with karma.

We ascend by raising the consciousness - knowing all the sacred truths and achieving transcendence and ascension.

Then we ascend

The practice of yoga will not ascend you, as there is nothing in the practice of polarity thoughtform and transform you.

Namaste and Blessings

Pat