

**Title: Conversations**

**Subtitle: Cannabis is a Superfood**

**Second Subtitle: Cannabis is a Superfood**

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Cannabis contains all needed amino acids, it is pure protein for humans, omega oils.

It is literally one of the best food sources for humans in any environment, cannabis for biogenesis on planets, as it is so rugged as a plant it will grow.

It is in all the world's religions as a sacred plant, where the identity has been lost.

Humans have an endocannabinoid system, with cannabinoid receptors in our neural firing, without it we have malnutrition.

Severe cases of people with a need of cannabis in the diet can have symptoms of overarching of the brain by none neuroregulation, can cause spasms in the muscles.