

**Title: Conversations**

**Subtitle: How did Buddha Teach Enlightenment**

**Second Subtitle: How did Buddha Teach Enlightenment**

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Reading the Lankavatara Sutra is a great explanation, & analysis of what

Enlightenment requires 'to have gone beyond' (Tath&#x0101;gata); which is a state of spiritual mastery, where we become one with the Universal Mind.

Recognizing that though we are part of a Oneness with the Universal Mind, the Mind is selfless, and was before infinity - Which Buddha called Nirvana.

I find that the terminology Oneness (Zero-ness), is a simpler way to understand One, the Source is Zero, and in that Empty space Source has infinite potential.

How do we know we have enlightenment: When the bowl floats up stream,