

**Title: Conversations**

**Subtitle: Psychedelic Shewbread Leads to Direct Connection**

**Second Subtitle: Psychedelic Shewbread Leads to Direct Connection**

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The Shewbread in the Bible was made with sprouted grains (Ezekiel 4:9), to naturally proof, it would produce ergot on the barley, and so was psychoactive. Shewbread was boiled, then baked - to neutralize the ergot poisoning.

This is similar to Kykeon, that the ancient Greeks drank for enlightenment.