

***Title: Conversations***

**Subtitle: Repetitive Suppression Can Become a Tradition**

**Second Subtitle: Repetitive Suppression Can Become a Tradition**

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URL: [https://www.wizanda.com/modules/newbb/viewtopic.php?topic\\_id=30](https://www.wizanda.com/modules/newbb/viewtopic.php?topic_id=30)

If we keep allowing ourself to be downtrodden, eventually we can become  
can learn to get stronger.